



Bhante Sujatha

The Loving-Kindness Monk

January 22, 2021

Dear Angel Water Inc.,

I am writing today to thank you for your generous donation of a reverse-osmosis water filter to the Thakshila Vidyala School in Anuradhapura, Sri Lanka, on January 15, 2021.

Every day millions of Sri Lankans, especially those in rural areas, consume water from contaminated sources. Effluents from industry, agricultural pesticides and fertilizers, pollution and wastewater are still not yet properly monitored for use and disposal.

The impacts of unsafe drinking water are indicated by the rapid increase in incidences and death related to chronic kidney disease. This issue is so far reaching, that chronic kidney disease has last 20 years ranged in the top ten causes of death in Sri Lanka.

The highest risk areas in Sri Lanka for poor quality water are rural farming communities. It is for this reason, that we chose Anuradhapura Thakshila School. Nearly all of the 800 children in this school are from farming families. Death or illness of wage-earners in these families comes at a great cost, and furthermore, this is an area where many young people enlisted and perished in the long and tragic civil war. Due to these conditions alone, many children are growing up in single-parent homes. To think about these children and people, whose lives are already humble and difficult, can quickly cycle deeply into poverty, disease, and premature death is saddening. For this community, maintaining good health is paramount.

Situations like these motivate me to work each day. I truly believe that teaching people to nurture loving-kindness for themselves, leads to so many beneficial mental states, including a deep sense of compassion. Through compassion, we learn to practice love in action, and your gift to this community, is a true-life example of its healing power.

I want you to know that these students, and students for years to come, will drink the pure water from this filter. It may seem extreme, but not having to worry about the water they are drinking can ease a mental weight that no person should carry, let alone a child. This water can give them hope, and confidence. They can envision a better future, better health, the ability to support their families, and so many more opportunities as attainable possibilities. Hope overcomes the fear that leads to giving up, and pure water in a place surrounded by contained water, is a source of hope.

When you presented me with your offer, you made it with no strings attached. You gave with full confidence in me, my organization, and my helpers around the world. Giving like this, without reservations, without expectations, and for only doing good, is a great action, and in the Buddhist teaching, we call it, good karma. Whatever you believe, I have confidence that this karma will reach you somehow, and support you to do more good actions for yourself and the world around you.

From me, the children at the school, and all those who will benefit from this meritorious deed, we thank you, and wish you our blessings.

May you be well, happy, and peaceful.

Bhante Sujatha

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